Inter-human Relationships as it exists.

If the result is good, it is an action for me and a happening for 'him'; if the result is bad, it is a happening for me, and an action for 'him'.

True 'forgiveness' is forgiving oneself for wanting to forgive someone for what he is supposed to have done: everything is a happening according to the Cosmic Law, no human being is capable of doing anything, though the society might consider a happening as someone's action.

When I was in school I used to consider 35 as middle-age; now, at 92, I consider 55 as middle-age.

How much affection and love there is between two families can be seen from how often they can visit each other without notice. Formality creates separation, division; a lot can be read from the ease with which one helps ~~oneself~~ to the snacks in the other's place.

The main questions of life to which man rarely gives enough attention are:-

1. What is this manifestation?
2. Where do "I" fit in in it?
3. What decided my place in it?
4. What do "I" as a separate entity want in this life, the basis of which, obviously, uncertainty?
5. The essence of daily living is pleasure & pain over which I have no control.
6. What is the "happiness" I am seeking?

The Most Important "confusions" in Spiritual Seeking.

1. What precisely is 'enlightenment'?
2. What is 'enlightenment' supposed to do for you?
3. Is enlightenment a 'certified' event?
4. Who is the spiritual seeker wanting enlightenment? Is it the 'ego' or something else?
5. Who is supposed to be in control of the 'mind'?
6. Does 'enlightenment' mean the end of the mind?
7. Does 'enlightenment' mean the end of the ego?
8. Does the enlightened one have no 'ego' and no 'mind'?
9. Does the enlightened one have no anger, no guilt, no pain, no negativity of things?

It is gratifying to get letters saying how much the teaching has "changed their lives". As I see it, what has happened is that they have now discovered the basic difference between "pleasure" in daily living and the deeper "happiness" which is one's very nature as the Self.

"Pursue 'Happiness' and get enlightenment" is a short-cut to the ultimate understanding.

We cannot have others respecting us unless we have respect for ourselves; and we cannot have respect for ourselves unless our intentions (and deeds) are such that we have respect for ourselves.

The Ego

The ego is "identified consciousness"

When identified with nescience (ignorance), it becomes the entity with personal doership.

Friend and Enemy

A certain happening according to God's will or Cosmic Law makes one consider someone a friend or enemy; the human being is incapable of doing any deed. All human beings are merely three-dimensional objects through which the Sonrae or God or Energy functions and brings about whatever is supposed to happen, which the society considers your action or my action or his action.

Daily Living

An analysis of daily living gives a curious picture. To begin with I did not choose to be born; I cannot choose the length of my life. I cannot know whether the next moment will bring pleasure or pain; I cannot know the total pleasure and pain I am supposed to experience in my life.

In any situation, I have the total free will to do whatever I feel like doing, and this right is given to every single human being; but I have no control over the result of my action, nor over the effect of the result; and the joke is that this is what the socially considered and judges as my action: reward or punishment, pleasure or pain in the moment.

Would it be wrong to consider "life" as "imprisonment for life"?

At the end of a long talk, the scientist was asked how he would sum up the Theory of Relativity, his answer was: "$E = mc^2$". If he were asked the same question about the teaching, the answer would be "The human being is incapable of doing any deed".